

PSHE Overview 2024/25

PSHE topics are divided under 3 broad headings

Living in the wider world	Health and Wellbeing	RSE- Relationship and Sex Education
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	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Autumn 1	<ul style="list-style-type: none"> Online Safety Cyberbullying Digital Literacy 	<ul style="list-style-type: none"> Alcohol Drug Misuse Addiction 	<ul style="list-style-type: none"> First Aid CPR Recovery Position 	<ul style="list-style-type: none"> Empathy Project 	<ul style="list-style-type: none"> Pregnancy and Outcomes Different families and parental responsibilities 	<ul style="list-style-type: none"> Money Matters Financial Decisions Debt Gambling 	<ul style="list-style-type: none"> Personal Statements UCAS Life After KAS
Autumn 2	<ul style="list-style-type: none"> Puberty Healthy Routines 	<ul style="list-style-type: none"> Respectful Relationships Different Families Marriage 	<ul style="list-style-type: none"> RSE STIs Pornography 	<ul style="list-style-type: none"> Alcohol and its effects Drugs and the law. 	<ul style="list-style-type: none"> Mock Exams Revision Prep Time Management 	<ul style="list-style-type: none"> Party Drugs Drink Spiking Drugs & Law 	<ul style="list-style-type: none"> Proactive Mental Health Peer Appreciation
Spring 1	<ul style="list-style-type: none"> Gender Identity Sexual Orientation 	<ul style="list-style-type: none"> Cyber Safety Online Scams Identity Protection 	<ul style="list-style-type: none"> Political System in UK Understanding UK Politics 	<ul style="list-style-type: none"> Study Skills AI use Revision tactics 	<ul style="list-style-type: none"> Sleep Health Living Good Habits 	<ul style="list-style-type: none"> Sexual Health STIs Young Parenting 	<ul style="list-style-type: none"> Target Setting Use of ChatGPT/AI Study Focus
Spring 2	<ul style="list-style-type: none"> Careers Different Jobs Personality Test 	<ul style="list-style-type: none"> Careers Job Stereotypes Vocational Skills 	<ul style="list-style-type: none"> Debating Skills News Debates 	<ul style="list-style-type: none"> Pornography Coercive control Positive relationships 	<ul style="list-style-type: none"> Study Skills Talks on AI Revision Timetables 	<ul style="list-style-type: none"> DEIB Identity Race & Ethnicity 	<ul style="list-style-type: none"> KAS Connections Talks Physical Wellbeing
Summer 1	<ul style="list-style-type: none"> Body Image Emotional Wellbeing Mental Health 	<ul style="list-style-type: none"> Health and Ill Health Sleep Diet 	<ul style="list-style-type: none"> Responsible life choices Impact of Drug misuse 	<ul style="list-style-type: none"> Exam Prep Study skills Coping with exam stress 	Exam Leave	<ul style="list-style-type: none"> Communication in Relationships Personal Values Positive and Negative Relationships 	Exam Leave
Summer 2	<ul style="list-style-type: none"> DEIB Diversity FGM 	<ul style="list-style-type: none"> Youth Produced Sexual Images Sex & Contraception 	<ul style="list-style-type: none"> Religion and Society FBVs Different faiths 	<ul style="list-style-type: none"> Learner Profiles Student lead conferences 	Public Exams	<ul style="list-style-type: none"> Study Skills ChatGPT/AI KAS connected Talks 	Public Exams

